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DAFFY's Original and Famous

Elixir Salutis:

THE

CHOICE DRINK OF HEALTH,

OR,

Healthy-bringing Drink.

BEING

A Famous *CORDIAL DRINK*,

found out by the Providence of the Almighty, and (for above wenty years,) Experienced by my self and divers persons (whose names are at most of their Desires here inserted) a most excellent Preservative of Man-kind.

A SECRET

Far beyond any Medicament yet known, and is found so agreeable to Nature, that it effects all its Operations, as Nature would have it, and as a virtual Expedient proposed by her, for reducing all her Extreams unto an equal Temper; the same being fitted unto all *Ages*, *Sexes*, *Complexions* and *Constitutions*, and highly fortifying Nature against any Noxious humour, invading or offending the *Noble Parts*.

Never Published by any but by *ANTHONY DAFFY*, And now by me *ELIAS DAFFY* his Son.

Reader beware of Counterfeiters, for they swarm.
And that you may know the Truth concerning Hinde, *pray Read the Epistle.*

London, *Printed with Allowance for the Author*, 1698.

RB23 a. 6501

courteous Reader,

Having by the Providence of the *Almighty* obtained the True Compoſition, together with the Secret of Right preparing and making this famous *Elixir*, or *Choice Drink of Health*; and having for Twenty years laſt, downwards to this time, found the ſame (to admiration) ſucceſsful in the perfect Cure of Moſt of the torturing and painful Diſtempers and Maladies incident to humane Bodies; as will be abundantly teſtified by ſundry credible perſons in this City, and elſe where, upon their own happy Experiences of my *Elixir's* admirable and almoſt incredible Effect and Virtues; the enumeration of whom would be to tedious here to inſert; yet particularly (amongſt many others) my *Elixir* was about nine years ſince, found ſucceſsful under God in the perfect cure of one *Thomas Hinde*, moſt ſadly afflicted with the Stone, and other diſtempers, after five years uſe of the beſt means he could procure, either from Learned Phyſicians in this City, or the *Weſt* as by the ſaid *Hind's* Certificate under his hand, and ther teſtimonies, may fully appear. He, the ſaid *Hinde*, ſoon after his Cure, did by ſubtle ſuggeſtions of great Travels by him pretendedly undertaken, and crafty inſinuations into my favour, obtain from me a Direction unto ſome (tho' but few) of my *Elixir's* Ingredients, ſo far only as to prevent his Relaps into his late Diſtempers; or to recover him, if relapſed by change of Air, alteration of Climates, or therwiſe: Which ſaid *Hinde* having thus (as he thought) accompliſht his Ends, did ſoon after (like a jugling *Don Quixot*) by the Letters T. H. G. Midwife by *Health*, a Libellous Pamphlet crawling into the world, yet keeping it ſelf in dark corners as a Moon blind Brat, demurely counterfeiting my *Elixir*, under the varniſh'd and ſpecious Appellation of his Famous and Wonderful NEVER-FAILING CORDIAL DRINK s OF THE WORLD, &c. to be ſold only within *Aldersgate* at the Pictere-ſhop, and at one place more, in *York* City; audaciouſly making uſe of, and miſapplying the ſubſtance of my Bill of Directions by me publiſhed in Print above thirteen years ſince; and alſo Ape-like imitating my own Expreſſions, which he had from time to time heard me declare of my own, and my Patients manifold Experience of my *Elixir's* virtues, with much impudence impoſing them upon the World, as if they were his own many years Experiences of the virtue of what he calls his *Never-Failing Drink*, &c. tho' it is well known to me, and many other in this City, that he himſelf was (within this 10 years laſt) a ſtranger to my *Elixir*, and to the Names of thoſe few Ingredients in it which now he pretends to know. Divers of my Patients, in this Book, *viz.* Mr. *Ben. Hope*, Mr. *William Crawley*, and others, having been cured by me above 16 years ſince, and to this time remaining living Monuments to God's Praiſe of my Medicine's virtues. It is here very remarkable, that this *Hinde*, tho' ſtor'd with ſo great a ſtock of Confidence of the infallible Effects of his *Never-Failing Drink*; yet he boggles at the publication of the Names and Places of Abode of ſuch Patients of his, as have been cured of any one Diſtemper, by that this NEVER FAILING *Cordial*, or of the time or times when ſuch Cure (if any) were made. By which ſiniſter and indirect practiſe of this *Hinde*, it being obſerved, that ſundry People of moſt Ranks have been egregiouſly beguiled, their Health indangered, and my ſelf injuriouſly abuſed. AND tho' in the forenamed *Tho. Hinde's* life-time, this JOSEPH HINDE was unwilling to ſtand the Teſt of thoſe many Falſhoods which his Brother had fomented, and his Mother did affirm, becauſe he knew them to be untrue; yet (for filthy lucres ſake) now owneth all, and makes himſelf the Succeſſor of his Brothers Impudence.

☞ I have in the faithful diſcharge of my Conſcience unto God, and in love to the public Good ſome time ſince publiſhed in Print two *Advertiſements*, for undeceiving the deluded world, unto which I never receiv'd one ſyllable of anſwer from this *Hinde*, I ſhall therefore leave the Conſideration of the whole Matter to the Judgment of the Impartial Reader.

Qui vult decipi, decipiatur.

ANTHONY DAFFY,

Lambeth
Transferred 1880 DUPLICATE.

ELIXIR SALUTIS:

OR,

The Famous Choice Cordial Drink of Health.

THE Excellent uſes and tranſcendent *Virtues* of this *Inæſtimable Jewel*, proved by the happy and ſucceſsful experiences of many *Credible Perſons*, being now living and *Healthful Monuments* to God's Praiſe, hereunder named and deſcribed, are amongſt divers others, (in ſo ſmall a Volum not Comprizeable) theſe, *viz.*

The Gout.

THis Choice Preſervative (*if duly prepared, which no man can do but my ſelf*) effectually and perfectly cures the *Gout*, as hath (through God's bleſſing) been happily experienced, and will be teſtified amongſt others by *Benjamin Hope* of *Camerwell* in the County of *Surrey*, having been very ſorely afflicted with this Torturing Malady. For, this my Drink ſtifles the *Gout* in its Birth, and kills it in its ſtrength; extracting out of all parts of the Patient's Body thoſe crude and viſcous humors, which are the ſpawn and nouriſhing cauſe of this *grievous Diſeaſe*, and frees the Joynts of all other Diſeaſes and pains to *Admiration*.

☞ A Perſon of Honour alſo, to wit, *Leonard Grey*, Eſq; Son of the late Right Honourable *Henry* Earl of *Stamford*, having for the ſpace of twelve Years and upwards, been ſo deeply afflicted with the *Gout*, that he was neceſſitated (during that time) to make uſe of Crutches, hath for four Months laſt been ſo Cured by the Means of this my *Elixir*, that he now walks with eaſe, having only a Cane in his Hand; and deſires, for the encouragement of others, that his Name be thus made public, this 22. of *February*, 1678.

For the *Gout* and *Dropſy*, Mr. *Athie*, who may be heard of at the *Feathers*, under St. *James's* Market-houſe, hath alſo found my *Elixir* happily ſucceſsful in his Cure: beſides many hundreds more, that are not free to be made public.

The Stone and Gravel in the Reins, or an Exulceration in the Kidneys or Mouth of the Bladder.

THis Drink diſſolves, and perfectly cures the *Stone* and *Gravel*, and hath been by God's bleſſing found an effectual *Remedy* againſt it in *Men*, *Women*, and *Children*. It wonderfully cleanſeth the *Reins* of all foulneſs and imperfections, *forcing urine*, never failing to cure the *Gravel* in the *Reins*, *Kidneys*, or *Bladder*, though ulcerated, and the Patients *Urine* like *bloud*. Theſe excellent virtues of this *my drink* have to admiration been found *eminently ſucceſsful* by very many Perſons in divers Countries, and this City: As, for *inſtance*, by Mr. *William Crawley* of *Luton*, in the County of *Bedford*, who was cured Eleven years ſince, and may once a Fortnight be found at the *Three Broad Arrows* in *Golding Lane London*; who by Gods bleſſing upon this my *Drink*, voided above an *hundred Stones*; whereof the firſt, as big as the middle part of a *Tobacco-*

Pipe

bout an inch *long*, and so soft at its coming away, that one might ..t between the fingers; most of the other *Stones smaller*, some ..e bigness of an *Horse-bean*, some as little as a *Pea*, all rendred soft, ..of a crumbling nature.

Also the said *Thomas Hinde* deceased, who had his Drink sold at the *Picture*-Shop within *Aldersgate*, when all other *Means* and *Physicians* (from one to another) in five years sore affliction, proved unsuccessful to him, either for *help* or *ease*; Nine Spoonfuls, or three *Doses* of this *my Drink* (as I prepared it) did by the Lord's blessing, bring him to void a *Stone three-forked*, like the upper end of some *Tobacco stopper*, about the bigness of an *Horse-bean*, which hath been seen by sundry persons of Note in this *City*, and elsewhere. And of his Cure by *my Drink* I have his *Certificate* (ready to shew, if need require.) Many more living Testimonies might be named of the *incredible* and *excellent virtues* of this *Drink*, bringing away the *Stone*, *Sand* and *Gravel*, when *congealed*, the *Sand* and *Gravel* brought away as soft, as Meal or Flower under the *finger*: and if the same be *congealed*, it sometimes brings it away on a suddain, hard as a *Pibble*, as the aforesaid Mr. *Crawley* hath experienced. Mr. *Robert Goodson*, at the *Red Cross* in St. *Martins le Grand*, having also lately been sorely racked with this torture, found this *Elixir* under God a speedy and effectual remedy in voiding with much ease a Stone, of the bigness of a small Bean, since which he hath been very well, and so remains to this day.

☞ These are to Certifie, That with the taking of 7 Half Pint Bottles of Mr. *Anthony Duffy's Elixir*, Mr. *William Clarke*, of the City of *Gloucester*, Mercer, being 77 years of age, did in the year last past, in making of Water, void the quantity of a Gallon of Slimy-Ropy-Matter, which came away from him at several times; which hath given him very great ease, and may be said to be a Cure of that Distemper, he now making clear Water. In Testimony whereof, the said Mr. *William Clarke* hath hereunto set his Hand *December* the First, 1675. Per me, *William Clarke*.

Against Languishing and Melancholly.

IT raiseth Languishing *Nature*, and *Melancholly* drooping *Spirits*, it fails not of curing the *Hypocondriack Melancholly*, and most powerfully opposeth all black and mixed *humours* (as Natures grand Enemy) continually drawing them out of the *Veins* and *Arteries* into the *Stomach*, and from thence sends them away; and after their expulsion *Nature* rejoyceth.

Shortness of Breath, Collick, Griping in the Guts.

THis *Drink* doth, by the Lord's blessing, suddainly help *bad Digestion*, *stoppage* of the *Stomach* and *shortness of Breath*, causing a good *appetite*, and defending the *head* from all vapors ascending from the *Mother* and *Spleen*. It is found a most certain Remedy for the *Collick*, and any *Griping* of the *Guts*, and stayeth *Vomiting*; which Vertues have been successfully experienced by the aforesaid *Benjamin Hope* of *Camerwell*, and my own Family.

And many others will also testifie, that the same takes away all *pain* from the *Heart*, and perfectly cured them, when they were sorely stopt with *Phlegm*, yea when they feared *Choaking*, and were accustomed in their sleep to be near *stifling* for want of *Breath*.

The

The Phtſick.

IT gives much relief and eaſe to *Aged People*, afflicted with the *Phtiſic* but perfectly cures ſuch as have ſtrength of *Nature*, and are not too far ſpent in that ſad Diſtemper.

This harmleſs and pleaſant Cordial is ſo good a friend unto *Woman-kind* in all conditions, and hath been ſo experienced, that they cannot treaſure up a *richer Jewel* by them, or have a more acceptable gift preſented them, the virtues of it being found effectual in clearing them of all obſtructions.

The Green-Sickneſs.

IT alſo certainly and ſpeedily cures the *Green-ſickneſs* (of any kind or *nature* whatſoever,) not failing to bring Virgins to their *Maiden bluſh*, rendering painting altogether out of faſhion, making the *Face well colloured*, the Breath *ſweet*, and the Body *luſty*.

Againſt Surfeits.

IT purſueth *Surfeits*, from one place to another in the body, yea, though the body be ſwollen up, it doth by God's help ſpeedily raiſe the Patient from a bed of Languiſhing; as hath been happily experienced by one Mr. *De Hewes*, a Glaſs-maker, in *Winchester yard*, *Southwark*, who found the ſame admirably ſucceſsful in his *ſpeedy* and compleat *Recovery* from that dangerous Diſtemper; and (among many others more) Mr. *Matthew Buſh*, a Workman Brewer at Mr. *William Collins* his Brew-houſe, over againſt St. *Giles's* Church, deſires that his Name be here inſerted for the encouragement of others, to the Praiſe of God, for his ſignal Bleſſing upon this means, in his Recovery from a very dangerous Surfeit, which brought his life into great peril.

Scurvy and Dropſie.

THis Cordial Drink wonderfully acquits the Body of the *Scurvy*, root and branch; and hath alſo been found (to *Admiration*) ſucceſsful in the perfect cure of the *Dropſie*, and other *Diſtempers*, accompanying the ſame as hath been happily experienced by the aforeſaid Mr. *De-Hewes*, and others (too many here to mention.)

Coughs, Wheezings, Conſumption and Agues.

IT hath been found, through God's bleſſing, an effectual Remedy againſt *Coughs* of all ſorts, yea in the height of *extremity*. It alſo removes and takes way the *Cauſes* of all *Wheezings*, and hath to Admiration cured *Conſumptive perſons*, Nature being not too far ſpent. It hath been in *February* 1672. found ſucceſsful in the Cure of an Apprentice, by name *Geo. Amblin*, who was ſorely afflicted with a *Quotidian Ague* the young Man may be ſpoken with, or heard of at Captain *Chilindine's* Coffee-Houſe, called, the *Leaden Hall* Coffee-Houſe near *Leaden Hall*, and ſince that Hundreds more.

Mother and Spleen and fits of the Mother.

THis Cordial Drink admirably frees the *Liver* and *Spleen* of all *Obſtructions*, and is a proper Expedient and effectual *Remedy* againſt the *Fits of the Mother*, as was happily Experienced on the Wife of Mr. *Edward Brandreth* a Taylor in *Plow-ſtable-Alley*, by little *Lincolns*

Inn.

an-Fields, who having been in a very sad manner extraordinarily afflicted with very sore, *Fits*, is now by the Blessing of the Lord upon this *Elixir*, Cured and Freed of that Distemper.

It is also of excellent use for *Wet Nurses*, cleansing their *Blood*, and rendring their *Milk* wholsom and *nurtive* to the sucking Babe.

Against Rickets.

IT cures the Rickets, and other distempers in Children, by opening and removing Obstructions in them.

It keeps a clear passage between the *head* and *heart*, not admitting of any Noxious humour, that annoys those Noble parts. It had Cured Hundreds of hot Rheum in their Eyes, by cleansing the Optick Nerves, and cleanseth the sight to admiration.

It admirably keeps off *frightful fears* and *griefs* from seizing on the *heart*, by removing those noxious and sharp humours that occasion the same.

It also takes away the Cause of, and cures the extream *burnings* in, the bottoms of the *feet* and *palms* of the *hands*, which sorely afflict the *Heart*.

Finally, it highly exalts the *Generative virtue*, and restores *Radical Moisture*, cleansing and strengthening the Seminal vessels in both Sexes, fitting and preparing them for Conception.

It retains its full Virtue 7 years, this I can prove, which is some years before either *Hinde*, *Witherden*, or any of the Counterfeits knew their Liquors, or what they were good for.

It, is good for the Relief and Cure of those afflicted with the afore-mentioned Distempers, which have occasion to take long Voyages, for it operates as well by Sea as on Land, and as well beyond or under the Line, as on this side: This I have had Experience of, by those that have taken it in the *East* and *West-Indies*, *Barbadoes*, *New England*, and *Guiney*.

And after the Waters, if you take a Bottle according to your Directions, it will cleanse the Body and leave it in a very setled condition. It is also excellent to cleanse the Body after the Measles or Small Pox, for it carrieth off the reliques of such Distempers, which being not carried off, prove dangerous to the Patient. And for those that used to Drink Scurvigrass-Ale in the Spring and Fall, by Experience this my *Elixir* hath been found much more effectual.

It hath been found an admirable Virtue against Worms of all sorts, many that have taken it against the pains of the Stomach, have by taking of 2 or 3 Doses, voided thousands of small white Worms, and they have been freed from their pain in two days time. Also for long Worms in 3 times taking of this my *Elixir*, some have voided 19 Worms, some of them 3 quarters of a yard long, and some have voided Worms as Skins, or Slime, to admiration. And without any danger, it may be taken by Women when with Child, if they are two Months gone, as safely as if they were not with Child, for it carrieth off the Distempers of the Mother, so that the Child thriveth the better.

In a word, amongst all the diseases and distempers incident to human Bodies, which, I have heard or read of in these parts of the world, whether of *Men*, *Women*, *Children*, or *Babes* I do in the Presence of God, upon my long experience of the virtues of this *Cordial Drink* affirm, There is not one Disease able to withstand; but is, through Gods blessing subject unto this my *Drink* innocent, powerful, and miraculous operation (Gods appointed time for the *Paines Dissolution* being not come.)

You have in this Sheet (as the parties desires) published the Names and Habitations of some persons, who have by Gods blessing, experienced the successfulness of this my Inoffensive Cordial, in their Cures or Distempers, (herein specified) which shall for brevity sake suffice, many hundreds of other, Cured also by this my Cordial (which might be particularly expressed) I shall omit as in a small Volum not comprizeable.

I might without ostentation, or any vain glory (if brevity were not designed) give instances of persons that have (by Gods blessing upon the seeming improbable means of this *my Drink*) been cured of the *Pestilence*, some of *Agues*; and of others, that by this *Drink* have been cured of the *King's evil*, (so by its common Symtoms generally judged of:) these Persons applying to me, may have full satisfaction.

And

And I do in the presence of the *Almighty Searcher* of Hearts affirm, and faithfully promise, That this my pleasant *inoffensive Drink*, with much carefulness and integrity duly prepared by me; so that I have (through the Lord's Goodness) successfully given the same unto my *Wife (lying in)* and unto Babes (in the *Month*) (so qualified, as in my *Directions*; for taking the same is particularly exprest.) And I do assure you, that there is nothing of a *Mineral* nor *Chymical Extraction* in it, as some have suggested, on purpose to weaken its Esteem among people.

Moreover, for prevention of *fraud*, each Bottle of this my *Elixir* shall be sealed with my *Coat of Arms*, according to its Impression in the Title; the *London* price being but *Five Shillings* the *Pint*, or *Two Shillings Six Pence* the *Half-pint Bottle*; and the same is (for the better and more convenient Accomodation of persons living at a distance from me) to be sold at the places, and by the persons hereafter named, which are all that in *London*, *Westminster*, or *Southwark*, do vend the same for me, *viz.*

Mr. *Benjamin Billinsley* at the *Printing-Press*, In the *Royal-Exchange* under the *Piazza's*.

Mr. *Samuel Crouch*, at the Corner of *Popes-head-Alley* over against the *Royal-Exchange*.

Thomas Harrison, Book-seller and Stationer at the *South-West-end* of the *Royal-Exchange* in *Cornhill*.

Mr. *Daniel Scot*, Sadler at the lower End of *Coleman-street*.

Mr. Christopher Conningsby at the *Turks-head* over against St. *Dunstans-Church*.

Mr. *Playford*, Bookseller next the *Temple* Church, in the *Inner-Temple*.

Mr. *Henry Daintry*, a Cane-shop at the *Cock* without *Temple-Bar*.

Mr. *Abraham Cotterell*. at the Sign of the *Cock* in *Catharine-street*, and by him at the Sign of the *Cock*, at *Charing Cross Tobacconist*.

Mr. *Loyd* at *Loyds Coffee-House* near *Northumberland-House* in the *Strand*.

Mr. *John Barnes* Bookseller at the Sign of the *Crown* over against St. *Albans Street* in *Pallmall*.

Mrs. *Low* Strongwater-shop at the Corner of *Green-street* near *Leicester Feilds*.

Mr. *Bynns* at *Bettys Coffee-House* in *German-Street* near St. *James Church*.

By Mrs. *Johnſon* at *Johnſon*'s Coffee-houſe, near St. *James*'s Church.
Mrs. *Bently*, Bookſeller in *Covent-Garden*.
Mr. *John Bignal* Grocer, at the *White-Lyon* in *Ruſſel-ſtreet* in *Covent-Garden*.
Mr. *Henry Wyndham* at the Sign of the *Hand* and *Pen* in *Ruſſel-ſtreet* in *Covent Garden* Milliner.
By Mrs. *Smart* a *Potter*, near St. *Giles*'s Church.
Mrs. *Mary Powell*, Semſtreſs, at *Greys-Inn-gate* in *Holbourn*.
In St. *Martins*, by Mr. *Minacin*, a Stationer at the *Kings-head*.
In *Hounds-Ditch*, by Mr. *John Weſt*, a Meal man near *Gun-yard*.
Mr *William Seaton* Diſtiller next door to Sir. *John Friend*'s Brew-Houſe in the *Minories*.
At *Batterſey*, by *William Stubbington*.
At *Wanſor*, by Mr. *Robert Ludwell*, Carpenter near the *Pound*.
And at my own Houſe in *Prujean*'s *Court*, in the Great *Old-Baily*, nigh *Ludgate-hill*, *London*.

At which ſeveral places above-mentioned, all Perſons that are deſirous of this *Cordial Drink*, may (together with a Bottle of the ſame) receive one of the printed Books, ſealed with my Seal, and printed Directions for the uſe and application thereof, proper to each Diſtemper, and the Patient's condition, and ſtrength of Body.

And it having pleaſed God ſo highly to own my Endeavours, and crown my Medicine with ſo eminent and incredible ſucceſs, in the Cure of divers People afflicted with the Diſtempers (herein ſpecified) ſome malevolent and mercenary Perſons do endeavour the counterfeiting of it, to the great prejudice and peril of ſundry people: theſe are therefore to give notice, That whoſoever in this City or Suburbs, or elſewhere (not named in this Book) ſhall undertake the Sale of any *Cordial Drink*, called by my Drink's Name, and the Bottles and Books not ſealed as this Book, the ſame I do aver to be a Counterfeit, though the Name of my Drink, and my own and others many Years Experiences of the Vertues of it be impudently ſtollen nigh word for word.

DIRECTION

Given by me

(ANTHONY DAFFY, Student in Phyſic.)

For taking my ſafe, innocent and ſucceſsful

CORDIAL DRINK,

ELIXIR SALUTIS;

Proper to the Cure of each Diſtemper (in the Printed Sheet of its Virtues mentioned,) and ſuited unto the Patients ſeveral Ages, Sexes and Conſtitutions.

The firſt general Obſervation.

FOr ſuch perſons as are oppreſt with *Chronical Diſtempers* whether the *Gout*, *Stone*, *Collick*, *Ptiſſick*, *Dropſie*, &c. and have (divers Years) been tortured and bowed down under the burden of them: I ſay, for Diſtempers habitual to, and radicated in the Body; it cannot rationally be expected that this (by any Means under Heaven) may on a ſuddain effect their Cure, any more than that a ſmall ſhower of rain (after a long ſeaſon or Summers drought) ſhould preſently revive the parched and dying

flowers and herbs of the field, and reſtore them to their lively verdure and greenneſs: To perſons therefore infected with theſe Chronical Diſtempers, and diſpoſed to uſe the means of this my Drink, I give this advice, that they take the ſame according to the enſuing particular Directions, and patiently wait upon the Almighty Phyſician of Soul and Body for his Bleſſing, and I doubt not, but they (as well as others have done) will find very much releif, at leaſt by eaſe of their pains, if not the perfect cure of their diſeaſe; which ſome Aged perſons have happily experienced. Moreover, let not the Patients (having taken this Drink) impatiently expect its operation or working with them, on a ſuddain; for experience hath found that on ſome Bodies it is 6 hours, on ſome 8, and on ſome 12 hours, before it works: and in moſt Diſtempers, its operation is ſo gentle and moderate, that the Patients may (with ſafety) follow their buſineſs and occaſions, either at home, or abroad.

The ſecond general Obſervation.

LEt the Patient afflicted with any of the Diſtempers, in the Book of my *Cordials* Virtues mentioned, have a due regard to the ſtate and condition of his or her Body (if the Body be Coſtive as moſt generally perſons under ſuch diſtempers are,) let the firſt doſe (if the age, and ſtrength of nature will permit) be three *Spoon*-fuls at the Patients going to Bed, and the like Doſe at the up-riſing in the Morning: But in caſe the Body be Laxative, then let the firſt doſe over-night be one Spoonful, and another at the up-riſing in the Morning, and ſo let the Doſe be increaſed by one Spoonful each time if the Patients ſtrength may admit, till it comes to three Spoonfuls, which (without good adviſe) none is to exceed. In taking the ſame, let the Patient uſe as much exerciſe and ſtirring, as ſtrength of Body may admit. Here likewiſe obſerve, the Patient ought to avoid Melancholy, and keep a good Dyet; and it is convenient to take a meſs of Broth, or ſomething warm, an hour after the Mornings Doſe, which is found more proper than Poſſet-Ale.

The

The third general Obſervation.

THis Drink hath been many Years experienced ſo innocent and ſure in it's operation, that it may be ſafely taken at any ſeaſon of the year, for neither heat, nor cold can obſtruct its beneficial operation on the Body. Moreover this Drink will retain its Virtue, though kept two years together (as divers perſons have found) but I ſuppoſe it may be kept much longer. Another Virtue and innate propriety of this Drink (diſtinguiſhing it from all other Phyſick whatſoever) is, that at the Patients leaving off the ſame the Patients Body remains not Coſtive, but in a very good healthful temper and lightſome condition.

The GOUT.

LEt the Patient (having competent ſtrength of Nature) take three Spoonfuls of this *Elixir* in the Morning faſting and the like Doſe laſt at Night; the which courſe muſt be followed ſo long as the Patients ſtrength of Body will bear it, and eſpecially if the Pains be found to move from one joynt to another: I adviſe the Patient to be active, and uſe as much ſtirring exerciſe, as conveniently may be: Here note, That after four Doſes, or twelve Spoonfuls taking, the Patient may (if the ſame be found to work five or ſix times in a day) intermit a day, and then return to the Drink; taking then two Spoonfuls in the Morning, one ſpoonful an hour before Dinner, and two Spoonfuls laſt at Night; but let not the Patient, finding not his expectation anſwered on a ſudden lay aſide the further uſe of this Choice Remedy; for although ſome have been Cured of this torturing malady in taking out of one half-pint Bottle of this Drink, yet ſome require a Pint, and others more, according as the Diſeaſe hath more or leſs ſeated and riveted it ſelf into the Body.

The Stone or Gravel in the Kidneys.

IF the Patients pain lye moſt, either in the Reins or the Flank it is an Indication, whereby he or ſhe may conclude, the Malady is the *Stone* or *Gravel* in the Kidneys; then the Patients age and ſtrength of Nature admitting, let him or her take the full

Dose, or three Spoonfuls last at Night, and first in the Morning, and presently after it use as much stirring exercise, as may be; and although Riding may at that time be burthensom, yet it would prove very profitable and advantagious; for by using extraordinary exercises and agitations of the Body, divers have been far sooner discharged of this torturing Distemper, as hath been experienced by Mr. *Crawley* (in the printed Sheet of the vertues of this Drink) who by taking but three Spoonfuls of this Drink, and riding ten Miles upon it, voided three Stones, each as big as a Horse-bean, (as he himself testifieth.)

STONE in the Bladder.

LEt the Patient afflicted with the *Stone* in the Bladder, consider the bigness of it, and take the full Dose of three Spoonfuls last at Night, and the like first in the Morning, continuing the same for three days; then intermit two days, and return to it, then taking only two Spoonfuls last at Night, and the like Dose first in the Morning, which course let the Patient observe, and by the Lords Blessing the Stone will be found to wast gradually, and in conclusion, to come away; but Patience is to be exercised, for although *Thomas Hinde* voided away the Stone in nine Spoonfuls, or three Doses taking; yet that great Stone voided by the said Mr. *Crawley* was nigh 12 Months in wasting, before it could come away, and was then rendred so soft, that it crumbled away between the fingers.

Exulceration of the Kidneys.

FOr the Exulceration of the Kidneys, rendering the Patients Urine like Blood: let the Patient keep to the direction of the Second general Observation, and so first open and cleanse the Body for two days; and then for two days, Night and Morning, take one spoonful or two (according to the Measure of strength) and then intermit two days, and after, take one Spoonful at night, and one in the Morning, and one an hour before Dinner: This method in taking the same, hath by the Lords Blessing been found eminently successful in the healing and cleansing any Exulceration of the Reins or Bladder.

Col.

Collick and Griping in the GUTS.

LEt the Patient (at any time of pain) take three Spoonfuls, which may eaſe or mitigate the pain; and if he or ſhe be not diſcharged of the Pains, let him, or her, take three ſpoonfuls more, five hours after; but if the Patient be a coſtive, or a corpulent Body; let ſuch a one take a Doſe of 4. Spoonfuls during the Gripes, and (if the pain continue) four Spoonfuls more ſix hours after; for this Diſtemper is uſually ſadly violent, and muſt be followed cloſe; yet this means (thus taken) fails not, by the bleſſing of Almighty God to become Maſter of this ſad Malady. Afterwards (for cleanſing the Body of the dregs of it) let the Patient leſſen the Doſe, according to directions of the general Obſervation

PTISSICK.

LEt the Patient weigh and conſider the three general Obſervations, and (according to direction thereof) open and cleanſe the Body, for four days; and after that, take only half a Spoonful, when the Cough is perceived coming upon him or her, and one Spoonful, an hour before Dinner; and this courſe (followed) will by degrees gain power over, and waſte the Diſtemper; yea, and ſtrengthen Nature againſt it; and this courſe may be taken even in Winter, when the Diſtemper is predominant and ſtrongeſt upon the Patient; by which means, he or ſhe will (by the Lords Bleſſing) find the Breath free, and the Cough exceedingly abated, if not taken away. But as to youthful Perſons, that are not far gone in this ſad Malady, a Pint of this Drink in the Spring, & as much in the Fall (taken as before directed) will (by Gods Bleſſing,) not fail of their perfect Cure. And unto aged People, afflicted with this Diſtemper, it doth ſo far aid Nature, and ſtrengthen them, as in the following Winter to render their lives pleaſant to them; provided always, that the Patient be moderate in drinking, and have a care to prevent taking cold, and keep a good Diet.

DROPSIE.

IF it be predominant upon the Patient (known by the bigneſs of the Belly, ſwelling of the Limbs and Face) let the Patient take four ſpoonfuls firſt in the morning, and the like Doſe laſt at night, for four days together, then intermit two days, and afterwards keep two or three ſpoonfuls at night, and the like Doſe in the morning.

SCUR-

SCURVEY.

THe *Scurvey*, known by knots in the flesh, and blew spots in the skin, let the Patients keep to the directions in the three general observations, having due regard to the strength of their bodies, and take the drink two days, intermitting two days, for the space of a month, and then take only one spoonful in the morning, and another an hour before dinner.

SURFEITS.

LEt the Patient take the ordinary Dose of 3 Spoonfuls at night and three in the morning, for six times without intermission; and there is no doubt but (by the Lords Blessing) the same will be found succesful to his or her Relief and Cure, though the height of the distemper had brought the Patient very low, and nigh the gates of death: And I would advise others, and particularly such as are apt to drink much Wine (bad and sophisticated Wines being very frequent and fatal in this City and elsewhere) that they do upon the least illness and indisposition of Body, apply themselves unto this choise Remedy, either the same night, or the next morning, or both; for this Drink is experienced a choise Antidote for preventing of *Surfeits* (insensibly stealing upon men) and expelling out of the Body that malignant Matter, which is the occasion and rise thereof.

PESTILENCE.

LEt the Patient, when first smitten with his Visitation or with illness, accompanied with any symptom of the Distemper (regard being had to the direction of the three general Observations) take three spoonfuls, or less, of this Drink (according to the Patients strength or weakness of Body) and so proceed as occasion shall require; and I question not, but (through mercy) the same will be found an effectual means, as well for overcoming the Distemper, as for strengthening Nature, and restoring Health (unless the Patients Visitation be the Messenger of Death) which Benefit has been happily experienced, and will be attested by divers persons in my own and other Families, which stayed in the City in the time of the last great Visitation, and were Visited, and yet through God's goodness do still remain in the Land of the Living.

Fin

Fits of the Mother, and Vapours from the Spleen.

LEt the Patient (having regard to the direction of the general Obſervations) begin with one, or with two Spoonfuls of this Drink, and ſo continue or raiſe the Doſe, according to what the Patients ſtrength may admit, remembring that the greateſt Doſe preſcribed is not to exceed three Spoonfuls, and let the proper Doſe be taken at any time whatſoever, when the Fitt is found to be coming upon him or her.

WHen Women, either by reaſon of taking Cold, or any other accident, find an Obſtruction of their Courſes, though it be in Child-bed, give them three ſpoonfuls of this drink, at any time (either of night or day,) and through Gods Bleſſing, they will find all in good order again; of which excellent virtue in this *Drink*, divers Women, and my own Wife (when in Child-bed) have found comfortable experiences, and will atteſt the ſame to others.

GREEN-SICKNESS.

LEt the Patient duly obſerve the direction of the three general Obſervations, uſing as much ſtirring Exerciſe, as ſtrength will permit; and in four days time, ſhe will, by the Bleſſing of God, find her Diſtemper diminiſh, and in taking of an half pint Bottle, the Cheeks and Lips will return to their former Roſe-colour.

CHILDRENS Diſtempers.

FOr CHILDRENS DISTEMPERS, whether the Worms, Rickets, the Stone, Convulſions, Gripes, Kings-Evil, Joynt Evil, or any *Diſtemper* proceeding from Wind or Crudities, engendred by means of undigeſted Matter (the effect of their cold and weak Stomachs,) which is the grand and original cauſe of theſe their diſtempers: The way of adminiſtring this drink muſt be in this manner; to a Babe of a month-old, give (in time of its affliction) half a Child's Spoonful thereof, mixed with double the quantity of ſmall Ale, not exceeding this *Doſe*, nor oftner than once in 12 hours time. To a Babe of half a year old, let the *Doſe* be half a middling ſpoonful of the *Drink*, with double the quantity of ſmall Ale. To one of a year old, one ſpoonful, with the like quantity of ſmall Ale. To a Child of four years one ſpoonful of the *Drink* alone. To one of ſeven years old, two ſpoonfuls; and to one of 12 years old, two ſpoonfuls and an half, in any of

theſe

theſe Diſtempers, not exceeding one Doſe in 12 hours, except only in the Gripes, and then, one Doſe every five hours; where obſerve, that in moſt of theſe Diſtempers, it hath pleaſed God ſo to bleſs this *means*, that two Doſes have been found ſucceſsful to Babes and Children: Here note, that the ſtrength of the Child, and of its Diſtemper, will be a more ſure Guide for proportioning a proper Doſe, than the Child's Age.

The Stone in Babes and Children.

AND if the Diſtemper be the *Stone* obſerve the ſame directions in adminiſtring this Drink to Babes and Children, of all Ages, as is above preſcribed for thoſe under other Diſtempers; except only that Diſtemper of the *Gripes*; and this Drink gradually waſts the Stone, and turns Stones to Gravel, bringing them away as ſoft as Meal, and brings away Worms, as skins; it alſo brings away a ſlimy ſubſtance, ſome black, ſome green (the cauſe of theſe Diſtempers,) which manifold experience hath fully confirmed.

Convulſion-Fits.

MOreover it hath alſo been experienced that unto a Child of ſeven years old (afflicted with the *Gripes* or *Convulſion-Fits* in extremity) there hath been found neceſſary the ſame Doſe, as for a Man, being three ſpoonfuls, and five hours after, the like Doſe.

Conſumptions, bad Digeſtions.

LEt Conſumptive Perſons, of either Sex, take one ſpoonful of this Drink an hour before Dinner, and another ſuch Doſe, an hour after Dinner; for many weak Conſumptive Perſons have (through the Lords Bleſſing) experienced the ſame very ſucceſsful in ſtrengthening weak Nature, converting their food into good nouriſhment, and inſtrumental in reſtoring their ſtrength.

Agues.

LEt the Patient (an hour before the expected time of the Fitt) take three Spoonfuls, being at what time ſoever; and two ſpoonful, ſix hours after: (which done,) let the Patient obſerve the *Directions* of the ſecond general *Obſervation*.

Piles.

LEt the perſon afflicted, diligently follow the *Direction* in the ſecond general *Obſervation*, it having been lately found to be ſucceſsful.

FINIS.